This is a very high level route plan. There is a detailed route plan available, please contact me for that:

<u>Fay</u>

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<u>Day 0: Saturday July XX:</u> All meet at Calais: stay at Premier Inn, Marine Parade

<u>Day 1: Sunday July XX:</u> Early ferry followed by cycle from <u>Calais to Bergues (32m)</u>

Day 2: Monday July XX: Cycle Bergues to Bruges (47m)

<u>Day 3: Tuesday July XX</u>: <u>Cycle Bruges to Breskens (26m) ...> ferry to Vlissingen...> cycle to Burgh Haamstede (26m) (=52m)</u>

Day 4: Wednesday July XX: Cycle Burgh Haamstede to Delft (47m)

Day 5: Thursday July XX: Cycle Delft to Zandvoort (36m)

Day 6: Friday July XX: Cycle Zandvoort to Amsterdam (25m)

Day 7: Saturday July XX Amsterdam at leisure

Day 8: Sunday July XX: Fly/Drive home